

Causative agents and their antimicrobial sensitivities in hospitalised children with recurrent urinary tract infections: Experience in a paediatric nephrology unit

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Abstract

Introduction: Urinary tract infection (UTI) has a significant morbidity highlighting the importance of preventing recurrences. Knowledge on aetiological agents and their antibiotic sensitivities is crucial for proper management of affected children.

Objectives: To determine the causative microorganisms and their antibiotic sensitivity pattern in patients with recurrent UTIs on uroprophylaxis and to compare the first episode of UTI with recurrent UTIs regarding causative organisms and antibiotic sensitivity.

Method: A descriptive study was done at Teaching Hospital Peradeniya, recruiting children aged 1 month to 14 years, admitted from 1st May 2019 to 30th April 2020 with breakthrough febrile or symptomatic UTIs after being on antibiotic prophylaxis. Details were collected using a validated and pre-tested questionnaire.

Results: A total of 141 UTIs of 52 children were analysed. There were 31 (59.6%) boys; 76.3% episodes were febrile and 22.7% were afebrile but symptomatic UTIs. Micturating cystourethrogram revealed that 29 (56%) children had vesico-ureteric reflux; renal scarring was noted in the majority; 24 (46.1%) children had bladder and bowel dysfunction. Constipation was found in 29 (55.7%). Main pathogens implicated in recurrent UTIs were *Escherichia coli* (*E coli*) (55%), *Klebsiella species* (14.6%) and *Pseudomonas aeruginosa* (13.5%). First episodes were caused by *E coli* (57.7%), *Klebsiella species* (17.3%) and *Proteus mirabilis* (11.5%). Imipenem (89.8%), amikacin (87.7%) and ciprofloxacin (87.7%) were the most sensitive

antibiotics for *E coli*. Sensitivity of *E coli* to cotrimoxazole was significantly decreased during recurrent episodes ($p=0.025$). More than 2 UTIs were significantly associated with age above 24 months, female gender, constipation, bladder bowel dysfunction (BBD) and renal scarring

Conclusions: Primary and recurrent UTIs in children were mainly caused by *E coli*. Antibiotic sensitivity rates of *E. coli* were comparatively lower in recurrent UTIs. Age above 24 months, female gender, constipation, BBD and renal scarring showed a significant association with multiple UTI recurrences.

(Key words: Recurrent urinary tract infections, Causative microorganisms, Antibiotic sensitivity patterns, Uroprophylaxis, Children)

Introduction

Urinary tract infection (UTI) may manifest as the sentinel event of underlying renal anomaly¹. UTI affects 2% boys and 8% girls by the age of 7 years with a prevalence rate of 7% among febrile infants^{2,3}. While haematogenous spread often causes UTI in infancy, it is usually secondary to ascending infection in older children⁴. *Escherichia coli* (*E coli*) is the causative organism in over 80% of childhood UTI. *Klebsiella*, *Proteus*, *Enterobacter*, *Pseudomonas* and *Serratia* species are causative organisms in recurrent UTIs^{4,5}. A third to one half of children with UTI have at least one recurrence⁶. Age, gender, race, circumcision status, voiding dysfunction and presence of renal tract structural anomalies can increase the risk of recurrences of UTIs⁷. Bladder bowel dysfunction (BBD) is associated with persistence of vesico-ureteric reflux (VUR) and renal scarring⁷. Long-term consequences of renal scarring include hypertension, preeclampsia and chronic renal insufficiency⁶. As each successive UTI increases the risk of renal damage, avoidance of breakthrough infections is an important goal.

Prophylactic antibiotics are commonly prescribed for children at risk of recurrence. However, there is proven evidence on the occurrence of resistant organisms with continuous uroprophylaxis⁹. Several studies showed that the incidence of UTI in children with low grade VUR is not reduced by antibiotic prophylaxis^{8,9} whereas the PRIVENT trial showed

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that continuous usage of prophylactic antibiotics had substantial benefit in preventing symptomatic UTIs³. To the best of our knowledge, there are no published data analysing antimicrobial susceptibility patterns while on prophylactic antibiotics for recurrent UTI in Sri Lanka. Furthermore, a detailed literature review revealed that the urinary pathogens responsible for breakthrough / recurrent UTIs have not been analysed in the local setting.

Objectives

1. To determine the causative microorganisms and their antibiotic sensitivity pattern in patients with recurrent UTIs on uroprophylaxis.
2. To compare the first episode of UTI with recurrent UTIs with regard to causative organisms and antibiotic sensitivity

Method

A descriptive cross-sectional study was carried out in the Paediatric Nephrology Unit at Teaching Hospital, Peradeniya, Sri Lanka, a tertiary care facility. Data were collected from 1st May 2019 to 30th April 2020. All the registered children with UTIs aged 1 month to 14 years at the Paediatric Nephrology clinic were observed over the study period and those who were admitted with breakthrough febrile or symptomatic UTIs after being on antibiotic prophylaxis for a minimum one-month period were recruited. Children not compliant with antibiotic prophylaxis, those already on antibiotics prior to admission, those whose samples grew more than 1 type of micro-organism or fungal infection, those who had other comorbid diseases and those who had not consented for recruitment in the study were excluded.

Fever was defined as a documented temperature of 38°C, either at home or in the hospital, within one day before or after the urine sample was collected for analysis. Features of symptomatic UTIs included suprapubic, abdominal or flank pain and lower urinary tract symptoms like urgency, frequency and dysuria. Failure to thrive was also considered in infants. Data were collected by a middle grade medical officer (senior house officer or post-graduate trainee) using a questionnaire, which was pre-tested in ten children admitted with breakthrough UTIs and necessary revisions and modifications were done. Details on socio-demographic profile, underlying renal anomalies, type and dosage of uroprophylaxis and microbial sensitivity pattern of the given urine cultures were recorded. Treatment history of first episode, current episode and up to 5 breakthrough UTIs were analysed and entered.

BBD was assessed at study entry by using a modified version of the Dysfunctional Voiding and Incontinence Symptoms Score Questionnaire, initially described by Farhat W, et al¹⁰. A score of over 6 for female subjects and over 9 for male subjects was considered to be consistent with BBD. Constipation was defined according to the Rome IV criteria. At least 2 symptoms for a minimum of 1 month were considered to be diagnostic of constipation¹¹. UTI was diagnosed by urine culture. We adhered to the National Institute for Health and Care Excellence (NICE) guidelines established in 2017¹². Clean catch mid-stream urine was obtained whenever possible and in case of failure, urethral catheterization or suprapubic aspiration was done. Urine was cultured within 30 minutes of voiding or else the sample was refrigerated at 4°C for not more than 24 hours. Semi-quantitative culture was used for urine analysis. Antibiotic sensitivity pattern of the isolates was performed by disc diffusion technique. Documented temperature of $\geq 38.5^{\circ}\text{C}$ with a positive urine culture, was considered as a febrile UTI. Renal scars were recorded according to the dimercaptosuccinic acid (DMSA) findings and graded by a consultant radiologist as per standard classification (Type 1: no more than two scars, Type 2: more than two scars with some normal parenchyma between them, Type 3: generalized damage to whole kidney and Type 4: shrunken kidney with $<10\%$ of overall function)¹³.

Ethical issues: Study was approved by the Ethics Review Committee of Sri Lanka College of Paediatricians (No. SLCP/ERC/2019/07). Written informed consent was obtained from the parents of the participants.

Statistical analysis: Chi squared test was used to find out the factors which were significantly associated with frequency of UTIs, whereas Mann-Whitney U test was used to interpret comparisons. Age was dichotomized as below 24 months versus above 24 months, based on guidelines established for imaging and prophylaxis in young children with UTIs¹⁴. Data was analysed using Statistical Package for Social Sciences 22.0 (SPSS- 22.0).

Results

During the study period we reviewed the details of recurrent UTIs for 104 children who fulfilled the inclusion criteria. However, 31 children were excluded as their previous clinical records revealed incomplete data. Another 8 had underlying comorbid diseases (neurogenic bladder, chronic kidney disease and immunosuppressive disorders), 9 withdrew consent to participate and 4 did not complete treatment. Ultimately 52 children comprised the study group. A total of 141 episodes of confirmed UTIs of the study population was analysed, of which 52 episodes were initial UTIs and

89 episodes were recurrent UTIs. Mean age at time of recruitment to the study was 4.5±3.1 years (age range 2 months to 13.5years) whereas mean age at their initial UTI was 2.5±0.7 years (age range 1 month to 8.5 years). Baseline demographic and

clinical characteristics of the study cohort are described in Table 1.

Table 1: Demographic and clinical characteristics of study population at time of enrollment (n=52)

Characteristic	Number (%)
<i>Gender</i>	
Male	31 (59.6)
• Circumcised	06 (11.5)
• Uncircumcised	25 (48.0)
Female	21 (40.4)
<i>Total number of urinary tract infections</i>	
2	28 (53.8)
3 or more	24 (46.1)
<i>Symptom analysis</i>	
Only fever	12 (08.5)
Febrile and symptomatic	97 (68.8)
Afebrile but symptomatic	32 (22.7)
<i>Micturating cystourethrogram abnormalities (n=46)</i>	
Normal	07 (15.2)
Posterior urethral valves	10 (02.2)
Unilateral grade 1-11 reflux	04 (08.7)
Bilateral grade 1-11 reflux	02 (04.3)
Unilateral grade 111-V reflux	03 (06.5)
Bilateral grade 111-V reflux	12 (26.0)
Duplex renal system	03 (06.5)
Isolated bladder diverticula	02 (04.3)
Other	03 (06.5)
<i>Bladder bowel dysfunction (n=24)</i>	
Male	13 (54.0)
Female	11 (45.8)
<i>Common symptoms (n=24)</i>	
Day time incontinence	18 (75.0)
Urgency	15 (62.5)
Nocturnal enuresis	13 (54.0)
Frequency	09 (37.5)
Withholding manoeuvres (i.e. leg crossing)	06 (35.0)
<i>Constipation (n=29)</i>	
Male	13 (44.8)
Female	16 (55.0)
≤2 bowel movements/week	12 (41.4)
Painful defaecation	19 (65.5)
Faecal incontinence	09 (31.0)
<i>DMSA findings (n=29)</i>	
Normal	03 (10.3)
Type 1 scarring	03 (10.3)
Type 2 scarring	06 (20.7)
Type 3 scarring	11 (38.0)
Type 4 scarring	05 (17.2)
Other	01 (03.5)
<i>Education level of primary caregiver</i>	
Up to Year 5	06 (11.5)
Years 6-11	20 (38.5)
Advanced level	18 (34.6)
Tertiary (Degree/ diploma)	08 (11.5)

Symptom analysis revealed that 109 (77.3%) episodes were febrile and 32 (22.7%) were afebrile but symptomatic. Forty six (88.4%) were evaluated with a micturating cystourethrogram (MCUG) and

abnormalities were detected in 39 patients. There were 29 (56%) children with vesico-ureteral reflux (VUR) of any grade. According to the bladder-bowel dysfunction questionnaire, 24 (46.1%)

children had BBD and their mean age was 5.5±2.7 years. Female: male ratio of children with BBD was 1.18:1. Most frequently reported urinary symptoms were daytime incontinence, urgency, nocturnal enuresis and frequency. In addition, constipation was found in 29 (55.7%) children. DMSA scans had been performed in 29 children by the time they were enrolled in the study. Twenty five (86%) of these children had evidence of renal scarring. Types 1-111 renal scarring were seen in 20 (68%) patients and 5 (17.2%) patients had unilateral shrunken kidneys. Analysis of the educational qualifications of the primary caregivers revealed that 38% completed up to ordinary level while 36% and 15% had advanced level and tertiary education, respectively (Table 1).

Distribution of bacterial isolates

The distribution of uropathogens responsible for recurrent UTIs at different ages in the study sample is detailed in Table 2. The main bacterial pathogens implicated in recurrent UTIs were successively *E. coli* (55%, n=49), *Klebsiella* species (14.6% n=13), *Pseudomonas aeruginosa* (13.5% n=12), *Enterococcus* species (6.7% n=6) and *Proteus mirabilis* (6.7% n=6). There were 3 (3.4%) episodes caused by unclassified coliforms. Extended-spectrum beta-lactamase (ESBL) producing Enterobacteriaceae accounted for 17 (19%) of the total isolates of which ESBL producing *E. coli* and *Klebsiella* species were 11 (64.7%) and *Klebsiella* 6 (35.3%) respectively. No staphylococci species or other gram positive organisms were identified.

Table 2: Distribution of uropathogens of recurrent urinary tract infections

Organisms	≤2 years (n=34) Number (%)	2-6 years (n=36) Number (%)	6-14 years (n=19) Number (%)
<i>Escherichia coli</i> (ESBL-)	16 (47.0)	14 (38.9)	08 (42.1)
<i>Escherichia coli</i> (ESBL+)	04 (11.7)	04 (11.1)	03 (15.8)
<i>Klebsiella</i> species (ESBL-)	01 (02.9)	05 (13.9)	01 (05.3)
<i>Klebsiella</i> species (ESBL+)	02 (05.9)	02 (05.6)	02 (10.5)
<i>Enterococcus</i> species	02 (05.9)	03 (08.3)	01 (05.3)
<i>Proteus mirabilis</i>	04 (11.7)	01 (2.8)	01 (5.3)
<i>Pseudomonas aeruginosa</i>	04 (11.7)	05 (13.9)	03 (15.8)
Unclassified Coliforms	01 (02.9)	02 (05.6)	0 (0)

Commonly prescribed prophylactic antibiotics for recurrent UTIs were cotrimoxazole (35%), cephalexin (27.5%), nitrofurantoin (23.7%) and nalidixic acid (11.2%). Predominant organisms detected in first episode of UTI were *E. coli* (57.7%, n=30), *Klebsiella* species (17.3%, n=9), *Proteus mirabilis* (11.5%, n=6), *Pseudomonas aeruginosa*

(7.7%, n=4) and *Staphylococcus* species (5.7%, n=3). Of the total bacterial isolates responsible for primary UTI, 9.6% (n=5) was caused by ESBL producing *E. coli*. A comparison of the uropathogens of first and recurrent episodes of UTIs is illustrated in Figure 1.

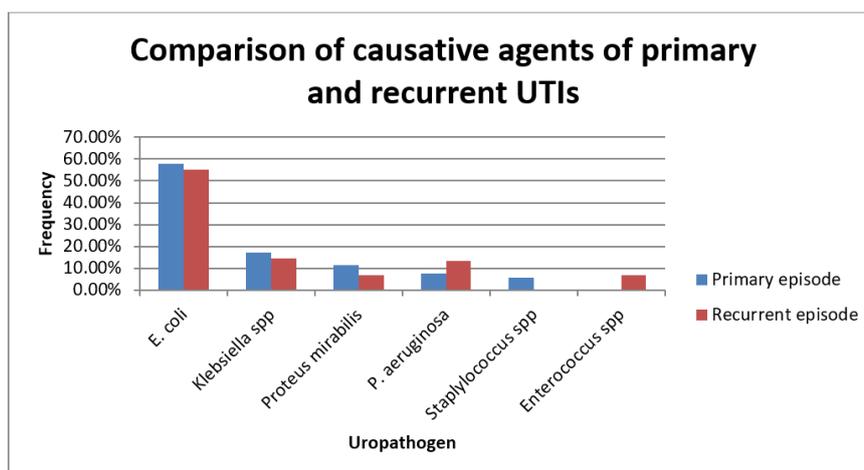


Figure 1: Comparison of causative agents of primary and recurrent UTIs

Antibiotic sensitivity patterns of isolated uropathogens

The most effective agents against detected uropathogens of recurrent UTIs were imipenem,

amikacin and ciprofloxacin as shown in Table 3. In this study, the lowest sensitivity of *E. coli* was to ampicillin, followed by nalidixic acid, cotrimoxazole and nitrofurantoin.

Table 3: Antibiotic sensitivity rates of 89 uropathogens isolated in children with recurrent UTIs

Antibiotic	<i>E. coli</i> (n=49) (%)	<i>Klebsiella spp</i> n=13, (%)	<i>Enterococcus spp</i> n=6, (%)	<i>Proteus mirabilis</i> n=6, (%)	<i>P. aeruginosa</i> n=12, (%)
Ampicillin	34.7	0.7	50	33.3	NT
Co-amoxiclav	55.1	61.5	NT	66.7	NT
Amikacin	87.7	100.0	83.3	100	100
Gentamycin	81.6	77.0	NT	100	75
Cephalexin	38.8	23.0	NT	NT	NT
Cefuroxime	69.4	69.2	NT	NT	NT
Cefotaxime	79.6	84.6	NT	NT	NT
Ceftazidime	NT	77.0	NT	NT	100.0
Ciprofloxacin	87.7	100.0	66.7	83.3	100.0
Imipenem	89.8	100.0	100.0	100.0	100.0
Cotrimoxazole	42.8	69.2	50	50	58.3
Nitrofurantoin	44.9	61.5	83.3	16.7	66.7
Nalidixic acid	36.7	46.1	NT	NT	NT
Vancomycin	NT	NT	100	NT	NT

NT- Not Tested

Since *E coli* was the most frequently identified microorganism causing UTIs, we compared its antimicrobial sensitivity pattern between the first episode and recurrences. As shown in Table 4,

antibiotic sensitivity to cotrimoxazole significantly decreased during the recurrent episodes ($p=0.025$, $p<0.05$).

Table 4: Comparison of antibiotic sensitivity rates of *E. coli* between primary and recurrent UTIs

Antibiotic	First episode of UTI (n=27) Number (%)	Recurrent episodes of UTIs (n=38) Number (%)	p value
Ampicillin	11 (40.7)	17 (34.7)	0.594
Amoxicillin-Clavulanic acid	18 (66.7)	27(55.1)	0.359
Amikacin	26 (96.3)	43 (87.7)	0.198
Gentamycin	24 (88.9)	40 (81.6)	0.424
Cefuroxime	20 (74)	34(69.4)	0.624
Cefotaxime	22 (81.5)	39 (79.6)	0.803
Ciprofloxacin	26 (96.3)	43 (87.7)	0.313
Imipenem	27 (100)	44(89.8)	0.138
Co-trimoxazole	19 (70.4)	21 (42.8)	0.025
Nitrofurantoin	20 (55.5)	22 (44.9)	0.394

Factors associated with recurrent UTIs

Factors associated with recurrence of UTI are described in Table 5. Out of the study variables,

more than 2 UTIs were significantly associated with age above 24 months, female gender, constipation, BBD and renal scarring.

Table 5: Factors associated with recurrent urinary tract infections (UTIs)

Associated Factor	Frequency of UTIs (%)		Significance
	2 or < episodes (%)	>2 episodes (%)	
Age (n=52)			χ^2 value = 9.32 df = 1 p = 0.003
0 – 24 months	13 (46.4)	02 (08.3)	
More than 24 months	15 (53.6)	22 (91.7)	
Sex (n=52)			χ^2 value =5.964 df = 1 p =0. 015
Male	21 (75.0)	10 (41.7)	
Female	07 (25.0)	14 (58.3)	
Circumcision (n=52)			χ^2 value =1.15 df = 1 p =0.284
Yes	02 (07.1)	04 (16.7)	
No	26 (92.9)	20 (83.3)	
Constipation (n=52)			χ^2 value =6.682 df = 1 p = 0.010
Yes	11 (39.3)	18 (75.0)	
No	17 (60.7)	06 (25.0)	
Bladder bowel dysfunction (n=52)			χ^2 value =10.92 df = 1 p =0.001
Yes	07 (25.0)	17 (70.8)	
No	21 (75.0)	07 (29.2)	
Renal scarring on DMSA scan (n=52)			χ^2 value =9.246 df = 1 p =0.002
Scarring present	08 (28.6)	17 (70.8)	
Scarring absent	20 (71.4)	07 (29.2)	

Discussion

In our study *E. coli*, *Klebsiella* species, *Proteus mirabilis* and *P. aeruginosa* were the common uropathogens in both primary and recurrent UTIs. These findings are similar to those of several large scale studies¹⁵⁻¹⁷. *Enterococcus* species and *P. aeruginosa* were significantly identified in recurrent childhood UTIs than in primary episodes. Other studies also reported *Enterococcus* species as an emerging organism in paediatric UTIs^{17,18}. Frequency of *P. aeruginosa* in our setting was comparatively higher than in previous studies¹⁷⁻¹⁹. The percentages of ESBL positivity of primary and recurrent UTIs were 9.6% and 19% respectively and were far lower than results from a large study by Dogan G, *et al* (primary 22%, recurrent 37.4%)²⁰. Moreover, prevalence of ESBL pathogens was estimated to be 37.7% in India, 30.5% in Iran and 41% in Turkey²¹.

The most striking finding of our study is the lower sensitivity of commonly used antibiotics to *E. coli* causing recurrent UTIs compared to primary episodes. Accordingly, the sensitivity of *E. coli* to cotrimoxazole was significantly lower ($p < 0.05$) while on long-term prophylactic antibiotics. In present study, *E. coli* showed highest sensitivity to imipenem, amikacin and ciprofloxacin. Our study is in keeping with the worldwide rates of highest resistance to ampicillin. Nitrofurantoin, cotrimoxazole and nalidixic acid were the other antibiotics which revealed $\leq 50\%$ sensitivity to *E. coli*. The sensitivity pattern of *E. coli* to commonly prescribed antibiotics was markedly different from other studies where nitrofurantoin had a higher sensitivity to this organism^{15,17,18,21,22}. In one Sri Lankan study, nitrofurantoin, gentamycin and cefotaxime were identified as the most potent agents against coliforms, whereas ampicillin, cephalixin and cotrimoxazole were the least active agents²³. In Bangladesh, Akhtar N, *et al* estimated 97.8% *E. coli* resistance for cotrimoxazole²⁴. An Iranian study by Mansouri S, *et al*²⁵ reported very high rates of resistance to cotrimoxazole (93.6%), tetracycline (84.5%) and ciprofloxacin (40.4%). However, in the United States, considerably lower resistance was reported in the study by Khawcharoenporn T, *et al* (ampicillin 55%, co-amoxiclav 10%, cotrimoxazole 24% and nitrofurantoin 14%)²⁶. Several studies also revealed similar susceptibility rates for imipenem, amikacin, gentamycin and ciprofloxacin^{16,27}. *Klebsiella* showed a high but variable sensitivity to the studied antibiotics as in previous studies^{15,20,23}. We observed the lowest sensitivity of *Klebsiella* was to ampicillin which is similar to other studies^{15,20,23}. As in present study, *P. aeruginosa* classically demonstrated high susceptibility to ceftazidime, amikacin and imipenem. Studies reported very low susceptibility of *Enterococcus* to aminoglycosides, ciprofloxacin and a rising trend for vancomycin

resistance^{28,29}. But we did not observe these findings in our cohort.

There is established consensus that when considering a first line empirical antibiotic for UTI, resistance rates should not be above 20% to the most likely pathogen¹⁵. Nevertheless, this threshold has been reached by many first line antibiotics used for childhood *E. coli* UTI. As in other studies, we noted that our studied microbial profile showed low sensitivity rates for nitrofurantoin, cotrimoxazole, co-amoxiclav and cefuroxime. The most likely reason for the high resistance rates for nitrofurantoin and cotrimoxazole is the common use of these antibiotics as prophylactic agents in patients with UTIs. Third generation cephalosporins, co-amoxiclav and aminoglycosides are the most commonly used therapeutic agents for childhood UTIs³⁰ and the high resistance rates observed for these antibiotics could be due to the fact that many UTIs are incompletely treated with an inadequate duration of antibiotics leading to the development of resistance. The free availability of these agents over the counter in local pharmacies, availability of oral preparations, vast usage of broad spectrum antibiotics without strict limitations for common paediatric infections and challenges related to infection control would be the most likely other explanations for the development of resistant strains with time.

The vast majority (86%) of our study population had renal scarring. Previous reports demonstrated variable rates of kidney damage (21-89%) based on DMSA findings³¹. A dramatic increase in the rate of renal scarring in children with UTI recurrences was demonstrated by Shaikh N, *et al*³¹. A significant association was found between multiple recurrences and the presence of renal scarring according to the current study ($p = 0.002$). The significantly higher rate of renal parenchymal scarring in our study may be explained by the sample bias as all had recurrent episodes with high rates of structural anomalies and BBD. The identification of a significant association between BBD and multiple recurrences ($p = 0.001$) in our study has also been shown by many other studies^{31,32}. The proportion of BBD in our sample (46%) was clearly higher than what is reported in the general population, probably owing to the direct causal relationship between BBD and UTI. Symptom analysis of BBD in the present study was consistent with that of previous studies³². Similarly, constipation showed a significant association with repeated episodes of UTIs ($p = 0.01$), which was confirmed by other studies^{7,32}. We could also demonstrate a significant female predominance in recurrent UTIs ($p = 0.015$) and this was in line with previous findings³³. In addition, multiple recurrences are well described in infants aged less than 6 months³³. However, in our study population,

occurrence of more than 2 recurrences was significantly higher in children older than 24 months. Thus, uroprophylaxis alone has a limited role in preventing recurrent UTI in children when there are provoking factors.

Our study has several strengths. This is the first study in Sri Lanka focusing on determining the clinical profile of recurrent UTIs in children. Moreover, we compared primary and recurrent episodes in relation to microbiological parameters. We were very strict in our inclusion criteria to recruit definite UTIs according to the NICE guidelines. The main limitations of this study are the relatively small sample size and the short study duration. Furthermore, as details were extracted from medical records, we had to exclude a large number of cases where information was not clearly documented. The study cohort, being managed in a tertiary care centre, might not represent the general paediatric group. Since we primarily focused on determining the sensitivity patterns we could not achieve a comprehensive account on antibiotic resistance. Nevertheless, identifying the uropathogens and their antimicrobial susceptibilities and risk factors is helpful to guide management including deciding the empirical therapy and preventing recurrences. Further, as the sensitivity patterns of microorganisms vary over time and among different geographical locations, management should be based on local evidence.

The haphazard use of antibiotic prophylaxis as well as inadequate treatment of proven UTIs are the likely causes of the development of resistance and should be discouraged. We advocate a meticulous case-based approach to decide on the empirical and treatment antibiotics to mitigate the possible complications. Authors highlight the importance of regular surveillance to determine the local prevalence of organisms and antibiotic susceptibilities and screening for risk factors in order to guide the proper management of these children.

Conclusions

Both primary and recurrent UTIs in children are mainly caused by *E. coli*. The sensitivity pattern of *E. coli* to commonly prescribed antibiotics was relatively low. The antibiotic sensitivity rates of *E. coli* were comparatively lower in recurrent UTIs and a significantly lower susceptibility was noted with cotrimoxazole. Multiple UTI recurrences were significantly associated with age above 24 months, female gender, constipation, BBD and renal scarring.

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