

Aetio-microbiologic profile of febrile children in a tertiary care hospital

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Abstract

Objectives: To assess the culture-positive infection rate, profile of organisms and antibiotic sensitivity pattern of common culture isolates in various body fluids among children presenting with febrile illness to a tertiary care hospital.

Method: A retrospective study was carried out from January 2013 to December 2016 on children who presented with febrile illness for more than 3 days and had a culture taken of the relevant body fluid/ specimen/tissue, based on clinical profile.

Results: A total of 7683 children was included in study. Culture positive infection rate was 18.8% in the study population. Urinary tract infection (UTI) was the commonest infection occurring in 761 (9.9%) children. *Escherichia coli* (*E. coli*) was the commonest isolate, being found in 431 (5.4%) specimens. An intermediate pattern of sensitivity was observed for gentamycin and colistin. Most *E. coli* strains were sensitive to other antibiotics. Most Enterococcus species were resistant to cotrimoxazole, clindamycin, and cephalosporins. Almost half the strains indicated an intermediate sensitivity pattern to colistin and gentamycin.

Conclusions: Culture positive infection rate was 18.8% in the study population, UTI being the commonest infection and *E.coli* the commonest isolate.


(Key words: Febrile, Antibiotic, *Escherichia coli*, Enterococcus, Retrospective).

Introduction

Fever accounts for 10-25% of paediatric emergency

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department visits in low and middle-income countries^{1,2}. Though most febrile children have self-limited viral infections, a few will have serious bacterial infection (SBI)^{3,4}. Further, among febrile admissions, case fatality rates may exceed 20%^{5,6}. SBI occurs in 6-10% of less than 3-month-old infants and 5-7% of 3-36 month old children^{7,8}. In a rural set-up where many children seek care due to some febrile illness, availability of laboratory investigations is limited and hence performing culture and sensitivity tests before standard medical treatment is very difficult, thereby relying on the overall bacteriological profile of similar illnesses reported in their urban counterparts where such tests are feasible and can be readily carried out.

Objectives

To assess the culture-positive infection rate, profile of organisms and antibiotic sensitivity pattern of common culture isolates in various body fluids among children presenting with febrile illness to a tertiary care hospital.

Method

A retrospective analysis was carried out in the paediatric out-patient and in-patient departments of a tertiary care teaching hospital in South India. Study population included all the children aged up to 17 years presenting with febrile illness to the study setting and had a culture of the relevant body fluid / specimen / tissue taken, based on clinical profile from January 2013 to December 2016. Children who did not undergo culture and sensitivity testing and children presenting with fever of obvious viral aetiology with lacrimation, rhinorrhoea or rash were excluded from the study.

Ethical issues: Approval for the study was obtained from the Institutional Human Ethics Committee of Chettinad Academy of Research and Education, Chennai, India (No. 104/A/IHEC/August 2020). Confidentiality of study participants was maintained throughout the study. Being a retrospective study, informed consent was not a possibility

Statistical analysis: Descriptive analysis was carried out by means and standard deviations. IBM SPSS version 22 was used for statistical analysis¹¹.

Results

There was a total of 7683 children included in the study. The age and gender distribution of the study participants are shown in Table 1.

Table 1: Age and gender distribution of study participants (n= 7683)

Parameter	Number (%)
<i>Age group (years)</i>	
Less than 5	4973 (64.7)
5 to 10	1264 (16.5)
Above 10	1446 (18.8)
<i>Sex</i>	
Male	4363 (56.8)
Female	3320 (43.2)

Culture positive infection rate was 18.8% (95% CI 17.96% to 19.71%) among the study population. The incidence of culture positivity in various specimens in the study population is shown in Table 2.

Table 3 shows the age and gender distribution of culture-positive infections in the study population. Among all age groups, UTI was the most common infection. Among 0 to 5 year old children, bloodstream infection with culture positivity was

the next common, whereas throat infection was the next common in 5 to 10 year old children and wound infection, the next common in the above 10 year old children. UTI was the most common infection in both boys and girls.

Table 2: Incidence of culture positivity in various specimens in study population

Sample	Number (%)
<i>Negative</i>	6237 (81.2)
<i>Positive</i>	1446 (18.8)
Urine	761 (09.9)
Blood	208 (02.7)
Throat swab	150 (02.0)
Pus	123 (01.6)
Wound swab	122 (01.6)
Eye swab	25 (0.3)
Ear swab	18 (0.2)
Sputum	14 (0.2)
Others	25 (0.3)

Table 3: Age and gender distribution of culture-positive infections in the study population (n=7683)

Sample	Age Group			Gender	
	0 to 5 n (%)	5 to 10 n (%)	Above 10 n (%)	Female n (%)	Male n (%)
Urine	521 (10.5)	108 (08.5)	132 (09.1)	360 (10.8)	401 (09.2)
Blood	157 (03.2)	25 (02.0)	26 (01.8)	92 (02.8)	116 (02.7)
Throat swab	59 (01.2)	61 (04.8)	30 (02.1)	82 (02.5)	68 (01.6)
Pus	75 (01.5)	16 (01.3)	32 (02.2)	44 (01.3)	79 (01.8)
Wound swab	47 (01.0)	24 (01.9)	51 (03.5)	49 (01.5)	73 (01.7)
Eye swab	25 (0.5)	0 (0.0)	0 (0.0)	10 (0.3)	15 (0.3)
Ear swab	07 (0.1)	04 (0.3)	07 (0.5)	02 (0.06)	16 (0.4)
Sputum	01 (0.02)	02 (0.2)	11 (0.8)	02 (0.06)	12 (0.3)
Others	16 (0.32)	0 (0.0)	09 (0.6)	11 (0.3)	14 (0.3)
Culture negative	4065 (81.7)	1024 (81.0)	1148 (79.4)	2668 (80.36)	3569 (81.8)
Total	4973 (100.0)	1264 (100.0)	1446 (100.0)	3320 (100.0)	4363 (100.0)

Table 4 shows the profile of organisms grown in all specimens. *Escherichia coli* was the most common isolate and *Citrobacter* species the least common isolate.

Table 4: Profile of organisms grown in all specimens

Organism grown	n (%)
<i>Escherichia coli</i>	413 (5.4)
<i>Enterococcus</i> species	137 (1.8)
Coagulase negative staphylococci	132 (1.7)
Beta haemolytic streptococcus Gp. A	131 (1.7)
<i>Klebsiella</i> species	116 (1.5)
<i>Staphylococcus aureus</i>	103 (1.3)
<i>Acinetobacter</i> species	70 (0.9)
<i>Pseudomonas aeruginosa</i>	42 (0.6)
<i>Streptococcus</i> species	35 (0.5)
<i>Proteus mirabilis</i>	35 (0.5)
<i>Proteus vulgaris</i>	34 (0.4)
<i>Pseudomonas</i> species	34 (0.4)
<i>Salmonella typhi</i>	33 (0.4)
<i>Citrobacter</i> species	26 (0.3)
Others	94 (1.2)

Table 5 shows the antibiotic sensitivity pattern of *E. coli* isolates. *E. coli* demonstrated maximum resistance to ampicillin and all generations of cephalosporins and macrolide group of antibiotics. The intermediate pattern of sensitivity was observed for gentamycin and colistin. The majority of the *E. coli* strains were sensitive to other antibiotics like linezolid, ceftazidime, netilmicin, chloramphenicol and tigecycline. (Table 5)

Table 6 shows the antibiotic sensitivity pattern of *Enterococcus* isolates in the study population. Analysis of the antibiotic sensitivity pattern of *Enterococcus* species showed that a major proportion of strains were resistant to cotrimoxazole, clindamycin, and various cephalosporins. Almost half of the strains showed an intermediate sensitivity pattern to colistin and gentamycin (Table 6).

Table 5: Antibiotic sensitivity pattern of Escherichia coli isolates

Antibiotic	Escherichia Coli		
	Sensitive	Intermediate	Resistant
Amikacin (n=408)	96.8%	0.74%	2.45%
Piperacillin-Tazobactam (n=410)	87.3%	4.39%	8.29%
Nitrofurantoin (n=362)	85.9%	3.87%	10.22%
Gentamicin (n=398)	58.8%	6.78%	34.42%
Imipenem (n=223)	97.8%	0.00%	2.24%
Meropenem (n=215)	93.0%	0.93%	6.05%
Co-trimoxazole (n=408)	33.6%	0.00%	66.42%
Cefepime (n=409)	32.3%	2.69%	65.04%
Ciprofloxacin (n=409)	30.8%	0.73%	68.46%
Cefotaxime (n=402)	28.9%	0.75%	70.40%
Norfloxacin (n=351)	29.9%	1.71%	68.38%
Cefuroxime (n=405)	22.5%	1.23%	76.30%
Cefazolin (n=410)	19.0%	1.46%	79.51%
Tobramycin (n=40)	82.5%	7.50%	10.00%
Ampicillin (n=400)	8.0%	0.50%	91.50%
Penicillin (n=27)	70.4%	0.00%	29.63%
Tetracycline (n=26)	61.5%	0.00%	38.46%
Gentamicin (n=42)	38.1%	50.00%	11.90%
Teicoplanin (n=14)	92.9%	7.14%	0.00%
Vancomycin (n=14)	92.9%	0.00%	7.14%
Linezolid (n=12)	100.0%	0.00%	0.00%
Colistin (n=18)	50.0%	50.00%	0.00%
Polymyxin B (n=9)	100.0%	0.00%	0.00%
Erythromycin (n=15)	33.3%	0.00%	66.67%
Cefaperazone Sulbactam (n=6)	83.3%	16.67%	0.00%
Ceftazidime (n=4)	100.0%	0.00%	0.00%
Ofloxacin (n=6)	66.7%	0.00%	33.33%
Netilmicin (n=4)	100.0%	0.00%	0.00%
Clindamycin (n=4)	75.0%	0.00%	25.00%
Cloxacillin (n=4)	75.0%	0.00%	25.00%
Chloramphenicol (n=2)	100.0%	0.00%	0.00%
Aztreonam (n=3)	66.7%	0.00%	33.33%
Ceftriaxone (n=6)	33.3%	0.00%	66.67%
Tigecycline (n=1)	100.0%	0.00%	0.00%

Table 6: Antibiotic sensitivity pattern of Enterococcus isolates in the study population

Antibiotic	Enterococcus species		
	Sensitive	Intermediate	Resistant
Penicillin (n=129)	74.4%	0.00%	25.58%
Gentamicin (n=264)	34.1%	50.00%	15.91%
Nitrofurantoin (n=106)	80.2%	7.55%	12.26%
Ampicillin (n=134)	58.2%	0.00%	41.79%
Linezolid (n=78)	100.0%	0.00%	0.00%
Teicoplanin (n=81)	95.1%	0.00%	4.94%
Vancomycin (n=79)	93.7%	0.00%	6.33%
Amikacin (n=35)	97.1%	0.00%	2.86%
Piperacillin-Tazobactam (n=35)	82.9%	5.71%	11.43%
Gentamicin (n=34)	73.5%	0.00%	26.47%
Norfloxacin (n=89)	27.0%	4.49%	68.54%
Tetracycline (n=26)	61.5%	0.00%	38.46%
Imipenem (n=18)	88.9%	0.00%	11.11%
Cefepime (n=35)	40.0%	5.71%	54.29%
Meropenem (n=15)	86.7%	0.00%	13.33%
Cefotaxime (n=32)	37.5%	0.00%	62.50%
Cotrimoxazole (n=64)	14.1%	0.00%	85.94%
Tobramycin (n=10)	90.0%	0.00%	10.00%
Cefuroxime (n=32)	21.9%	0.00%	78.13%
Cefazolin (n=62)	8.1%	0.00%	91.94%
Ceftazidime (n=3)	100.0%	0.00%	0.00%
Aztreonam (n=3)	100.0%	0.00%	0.00%
Ofloxacin (n=4)	75.0%	0.00%	25.00%
Clindamycin (n=4)	25.0%	0.00%	75.00%
Chloramphenicol (n=1)	100.0%	0.00%	0.00%
Colistin (n=2)	50.0%	50.00%	0.00%
Erythromycin (n=1)	100.0%	0.00%	0.00%
Netilmicin (n=1)	100.0%	0.00%	0.00%
Polymyxin B (n=1)	100.0%	0.00%	0.00%
Ceftriaxone (n=1)	0.0%	0.00%	100.00%
Cloxacillin (n=1)	0.0%	0.00%	100.00%

Discussion

The current study analysed 7683 prescriptions of children visiting our paediatric department with a complaint of fever. We also analysed the antibiotic sensitivity reports of children who had positive cultures. Fever in children less than five years old implies systemic inflammation in response to a viral, bacterial, parasitic or non-infectious aetiology¹².

Out of the 7683 children included in the study, 4973 (64.7%) were below 5 years of age. Similar findings were seen in febrile children below 5 years of age by Kamath K, *et al*⁹ and Monto AS¹⁰. As the age increases, the susceptibility to infection will reduce due to natural and acquired immunity by immunization to common pathogenic organisms^{11,12}. B cell response and antibody production are critical for the development of protective immunity induced by most vaccines¹³. Christopher A, *et al*¹⁴ conducted their study regarding bacteraemia on children below 5 years of age as infections preventable by vaccination are prevalent in that age group.

Male children constituted 56.8% of the study population. This may be a reflection of the sex distribution of children in the general population of the particular geographical area. This is similar to studies by Bronzan, RN, *et al*¹⁵ who reported 57% of males among Malawian febrile children and Christopher A, *et al*¹⁴ who reported 61.5% of boys.

In the current study, the culture positive infection rate was 18.8% (95% CI 17.96% to 19.71%) among the study population. Similar high rates were seen in studies by Wasihun AG, *et al*¹⁶ (28%) and Patel KK, *et al*¹⁷ (24.8%). In contrast to our study, Indian studies by Sujatha R, *et al*¹⁸ (14.8%) and Vishalakshi B, *et al*¹⁹ (14.8%) have shown lower culture positive infection rates. The reason for this wide disparity in positivity rates can be attributed to differences in techniques, antibiotic use or prevalence of effusions due to infective processes^{17,20}.

In our study, UTI was the commonest infection accounting for 9.9% children of all age groups. UTI is believed to be the second common community based and nosocomial infection worldwide²¹. This was followed by blood culture (2.7%) and throat swab culture (2%) positive cases. The proportion of UTI was slightly higher in girls (10.8%), compared to boys (9.2%). Similar findings were seen in a study by Taneja N, *et al*²² where significant bacteriuria was found in 558 (28.3%) children²². Females are more prone to UTI after 6 months of age because of their shorter urethra. Children are also susceptible to blood stream

infections and septicaemia as stated by Asindi A, *et al*²³ due to their immature immune system.

Among children below 5 years of age, bacteraemia (3.2%) was the next common infection whereas throat infection was the next common infection in the 5 to 10 year age group and wound infection in the over 10-year-old children. Similar results were reported by Le Doare K, *et al*²⁴, where UTI was the commonest infection and infants of less than 12 weeks of age had a 17% probability of having SBI, 11% chance of having bacteraemia and 4% probability of meningitis.

Walsh AL, *et al*²⁵ in their study from Malawi documented bacteraemia among 17% of children in whom blood cultures were done. Common microbiological diagnoses in the study by Chheng, K, *et al*⁶ were dengue (16.2%), scrub typhus (7.8%) and Japanese encephalitis (5.8%). Such differences among studies may be due to differences in sampling criteria, the populations studied, their living conditions and the nutritional status.

In the current study, most bacteria isolated from blood were gram-negative. *E. coli* was the commonest organism grown in 5.4% specimens followed by Enterococcus species in 1.8%. Similar results were reported by Christopher A, *et al*¹⁴. Of the gram-negative bacteria, *E. coli* and *Klebsiella pneumoniae* were the common isolates. However, Prasad N, *et al*⁵, in their systematic review on the aetiology of severe febrile illness found Plasmodium species as the most common organism. The other common infections reported were Salmonella species, *S. pneumoniae*, *E. coli*, mycobacterium, Rickettsial species and dengue virus. In contrast, in a study by Blomberg, B *et al*²⁶, the common isolates were *Streptococcus pneumoniae*, *Neisseria meningitidis*, *Haemophilus influenzae type b* and Group A streptococci.

In the present study, *E. coli* has demonstrated maximum resistance to ampicillin, all generations of cephalosporins and macrolide group of antibiotics. A major proportion of Enterococcus species strains have shown resistance to cotrimoxazole, clindamycin, and various cephalosporins. Msaki BP, *et al*²⁷ in a study in Tanzania found that most *E. coli*, *Klebsiella pneumoniae* and Salmonella species were resistant to gentamicin, chloramphenicol and sulfamethoxazole / trimethoprim. In a study done by Taneja N, *et al*²² in vitro resistance for Enterobacteriaceae species including *E. coli*, *Klebsiella*, *Enterobacter* spp., and *Citrobacter* spp. was as follows: cefotaxime 75.5%, cefoperazone 72.7%, gentamicin 74.2%, amoxicillin 32.7%, nalidixic acid 94.4%, norfloxacin 86%, ciprofloxacin 79.6%, trimethoprim-

sulfamethoxazole 89%, and nitrofurantoin 26.8%. *In vitro* resistance for Enterococcus were as follows: ciprofloxacin 88%, nitrofurantoin 32%, amoxicillin 72% and vancomycin 12%. This study shows that many bacterial strains are resistant to older conventional antibiotics, forcing the paediatricians to prescribe newer, highly toxic antimicrobial agents irrationally²⁸.

Conclusions

Nearly one-fifth of children with febrile illness had culture-proven infections. The most common infection was UTI in all age groups and both genders. Among all the specimens, *Escherichia coli* was the commonest isolate followed by Enterococcus species. *E. coli* demonstrated maximum resistance to ampicillin, all generations of cephalosporins and macrolide group of antibiotics. Enterococcus species showed a major proportion of strains resistant to cotrimoxazole, clindamycin, and various cephalosporins.

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