

A case of Klippel-Feil syndrome associated with butterfly vertebrae and hemivertebrae

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Introduction

Klippel-Feil syndrome (KFS) is a bone disorder characterized by congenital fusion of more than two cervical vertebrae¹. The prevalence of KFS is

1:40,000 to 1: 42,000 and it is more common among females². We report a 15 month old girl with an isolated Klippel-Feil syndrome who presented with torticollis since birth.



Figure 1: Klippel-Feil syndrome with Sprengel deformity

*Permission given by parents to publish photograph

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Case Report

A 15 month old baby girl presented with restricted neck movements since birth. She was born to non-consanguineous parents with a birth weight of 3.1kg. There were no antenatal or perinatal complications and she remains otherwise healthy with age appropriate development.

Physical examination revealed a low hairline and a short, webbed neck and left sided high lying scapula (Sprengel deformity) (Figure 1). All ranges of cervical motions were restricted. She did not have any other associated craniofacial dysmorphic features. Neurological examination was normal including lower cranial nerves and upper limbs. Radiography showed a fusion of cervical as well as

upper thoracic vertebrae and multiple butterfly vertebrae as well as hemivertebrae in cervical spine (Figure 2). Based on the above radiological features an isolated Klippel-Feil syndrome was diagnosed. Ultrasound scan of abdomen and 2D echocardiogram did not reveal any underlying renal

or cardiac abnormalities. Specific mutation analysis was not done due to limited facilities. She was followed up at the paediatric clinic with regular radiological surveillance for neurological complications.



Figure 2: Cervical x-ray with fused vertebrae, hemi vertebrae and butterfly vertebrae

Discussion

Klippel-Feil syndrome was first described by Maurice Klippel and Andre Feil independently in 1912². The genetic mutations involved in the KFS include GDF6, GDF3, or MEOX1, genes responsible for proper bone growth³. The hallmark of KFS is the congenital fusion of one or more cervical vertebrae resulting in severe restriction of cervical movements². In addition, low hairline and Sprengel deformity are seen in 50% of the cases³.

Moreover, patients with KFS have other system involvements such as structural defects in genitourinary system, congenital heart diseases, cleft palate and hearing defects³. Renal agenesis, duplex system and horseshoe kidney are the underlying renal abnormalities in KFS³. However, in this child there were no associated abnormalities. The diagnosis of KFS is mainly based on the clinical findings together with characteristic radiological features¹. Plain radiograph of the neck would reveal radiological abnormalities such as fused facets and spinous processes, hemivertebrae, anteroposterior narrowing of the vertebral bodies and butterfly vertebrae⁴. Most of these radiological findings were there in this child.

The main strategies in management of KFS include regular radiographic surveillance for hypermobile cervical vertebrae, early identification of high-risk skeletal abnormalities and physical therapy. In

KFS, surgical treatment is indicated to relieve cranio-cervical instability and spinal cord constriction, and to correct scoliosis⁵. Majority of children with KFS carry a good prognosis provided the diagnosis is made early and measures are taken to prevent cervical spine damage⁶.

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